



# Healthy Mothers on the Move



# Dissemination

## Progress, data & evaluation findings shared with:

- Steering Committee, eastside and southwest Detroit participants and:
- Community forums
- State and national meetings
- Newsletters, electronic and news media
- REACH Detroit website
- Publications



## Future Directions

**To further develop and sustain interventions that build individual, organizational and community capacity to prevent and manage diabetes and its complications**

- More focus on Pre-Diabetes (prevention of diabetes in pregnant women and youth)
- Increase community DM education (PATH, JTH)

## Future Directions (cont.)

### **Sustainability of Intervention Components**

- **GOAL: Integrate advocates into reimbursed care**
  1. CHASS integrating family and women's health advocate;
  2. Advocacy to incorporate FHAs into reimbursable health care
  
- **GOAL: Sustained community resources**
  1. Physical activity Instructor Training and Orientation programs
  2. Physical activity classes in city recreation programs and community organizations
  3. CHASS Produce Markets ongoing

## **Future Directions**

- **Advocating for changes in health and human services policies**
- **Partnering with others to affect healthy lifestyle policies**

# Acknowledgments

- **Detroit Community Residents**
- **REACH Detroit Steering Committee**  
Alkebulan Village, CHASS, Friends of Parkside, Southwest Solutions, Delray United Action Council, Detroit Department of Health & Wellness Promotion, Latino Family Services, MDCH, SEMDON, Warren-Conner Development Coalition, UM Schools of Social Work, Public Health, and Medicine
- **REACH Detroit Team Leaders**  
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- **REACH-Out Network Partners**
- **Detroit URC**

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