



# FREE Spring/Summer Activities



REACH Detroit Partnership

A Community Program of C.H.A.S.S. Center, Inc.

5635 West Fort Street • Detroit, MI • 48209

*In Partnership with Matrix Human Services*

## Eastside Activities:

## Southwest Activities:

### Hustle/Ballroom for Seniors

Patton Park Recreation Center

2301 Woodmere

Mondays

9:30 a.m.—10:30 a.m.

### Zumba

Roberto Clemente

Recreation Center

2631 Bagley

Wednesdays

6:30 p.m.—7:30 p.m.

(The City of Detroit Department of Recreation)

### Step Aerobics

Roberto Clemente

Recreation Center

2631 Bagley

Tuesdays

6:30 p.m.—7:30 p.m.

(The City of Detroit Department of Recreation)

### Aerobics/Zumba

LA SED Senior Center

7150 W. Vernor

Thursdays

10:30 a.m.—11:30 a.m.

### Aerobics

Academy of the Americas

5680 Konkel

Fridays

10:30 a.m.—11:30 a.m.

(Activity is only for the parents and family of the students of Academy of the Americas)

### Chair Aerobics

Farwell Senior Center

2711 East Outer Drive

Tuesdays

9:00 a.m. – 10:30 a.m.

and Thursdays

9:30 a.m.—10:30 a.m.

### Martial Arts

(Spring/Summer Schedule)

Alkebu-lan Village

7701 Harper Ave.

Tuesdays and Thursdays

5:00 p.m.-6:00 p.m.



### Hustle/Ballroom for Seniors

Heilmann Community Center

19601 Crusade

Wednesdays

9:30 a.m.-10:30 a.m.



Check our web site for additional activities and locations: [www.reachdetroit.org](http://www.reachdetroit.org)